



In this workshop
parents will learn:

- Simple strategies to help children face everyday challenges without shutting down.
- Tools to reduce screen dependence and encourage more real-world play.
- Confidence in supporting your child through discomfort and building resilience over time.

RAISING REAL - WORLD READY KIDS

HELPING
CHILDREN THRIVE
IN EVERYDAY LIFE

WEDNESDAY OCTOBER 22ND

AT ST JOHN'S PRIMARY MULLUMBIMBY

6:00 PM - 8:00PM (REFRESHMENTS FROM 5.30PM)

Meet your Presenter:

Angela Lockwood, is an experienced Parent Educator and Occupational Therapist. Angela will guide you with practical insights and proven strategies to help you raise children who thrive in everyday life. www.angelalockwood.com.au



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**Catholic Schools
Parent Assembly**
Parents in Partnership



Thanks for supporting
your child's success

Please register your attendance by clicking on
the link or scanning the QR Code

CLICK HERE



Childcare Available
please advise when registering

