

Illuminate



Discovering the light together



ST JOSEPH'S COLLEGE
BANORA POINT

Would you like to be part of a small group that meets weekly over 4 weeks, to share Christian prayer experiences, friendship and connection?



Meditation
Gratitude
Sharing
Reflection
Peace

As parents we all lead busy lives and even with the best intention to make time for ourselves, it often doesn't happen. Being part of a group can help with commitment and motivation.

Create connections with other parents, explore different ways of praying and share how we experience God in our lives. This is open to all parents wherever you are on your spiritual journey.

Enabling each person to achieve the fullness of life John 10:10

To express your interest in attending an Illuminate group for parents and carers at your school [CLICK HERE](#)



DIOCESE OF LISMORE

**Catholic Schools
Parent Assembly**
Parents in Partnership